# APPS Mini-fellowship Report Hong Kong, 2026

Mega Septiana

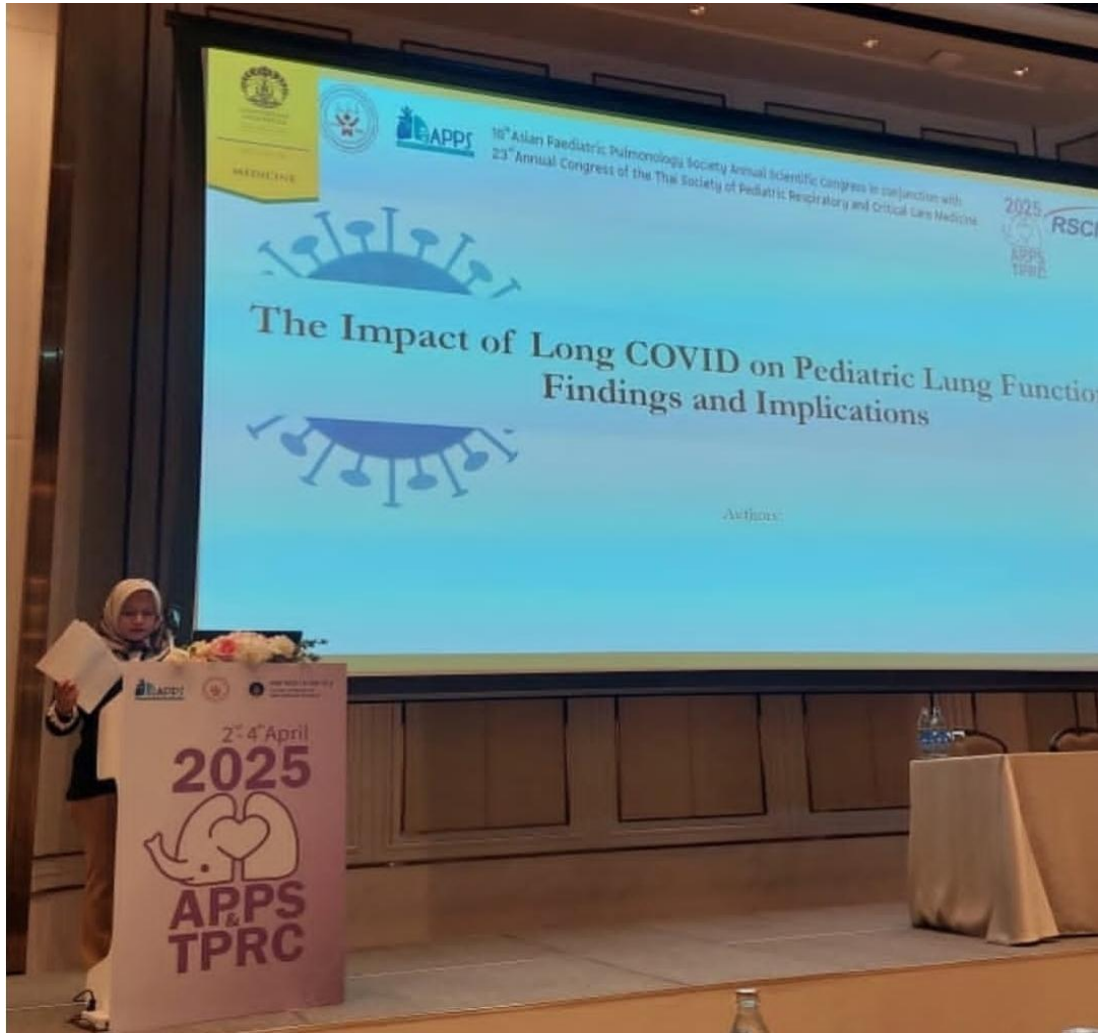
Child Health Department

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# How it led me to mini fellowship given by APPS

I participated in the Young Investigator Award competition at APPS 2025 in Bangkok, where I was awarded First Place.

As a result, I was granted a Mini Fellowship opportunity in Hong Kong, 2026.



# 2025 → 2026



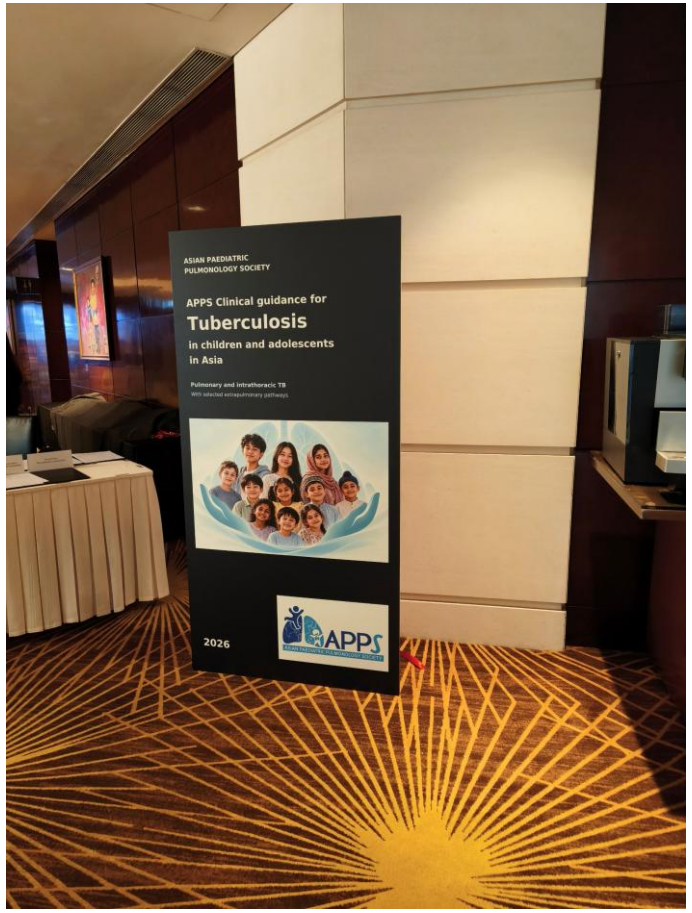




**From receiving the First Place Award in Bangkok in 2025 to experiencing an international academic fellowship in Hong Kong in 2026, this journey has been both rewarding and motivating.**

# Joint Annual Scientific Congress APPS and HKSPRA 2026



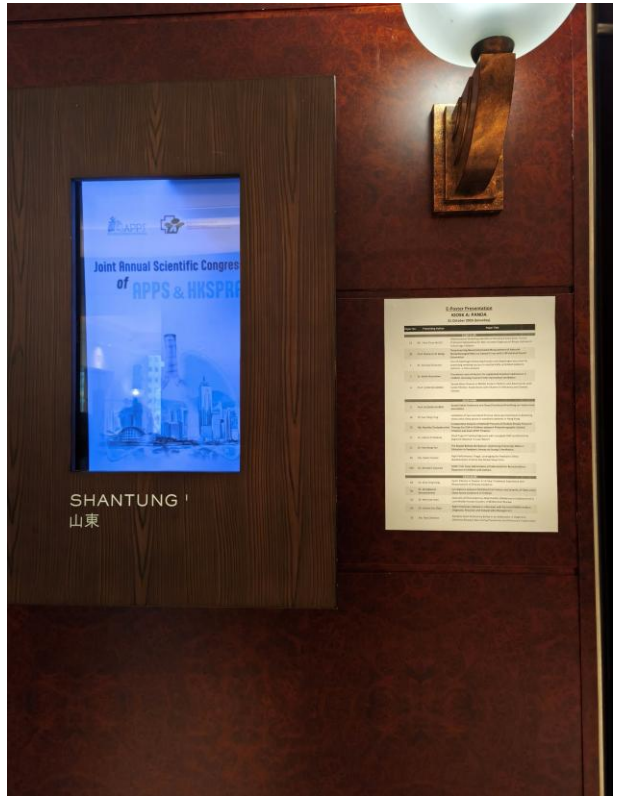



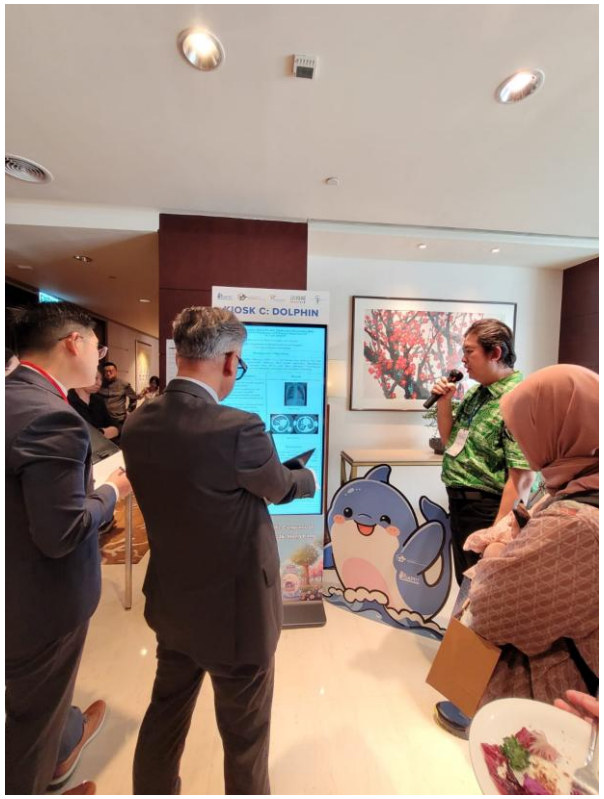




Therefore, I had the opportunity to attend Joint Annual Scientific Congress APPS and HKSPRA in Hong Kong on 30 October – 1 November 2026 as part of the Mini Fellowship program. The sessions offered fresh insights, evidence-based approaches, and different perspectives from experts across the region. It was truly a productive experience, allowing me to reflect on how new knowledge can be translated into better patient care.

# Poster Session





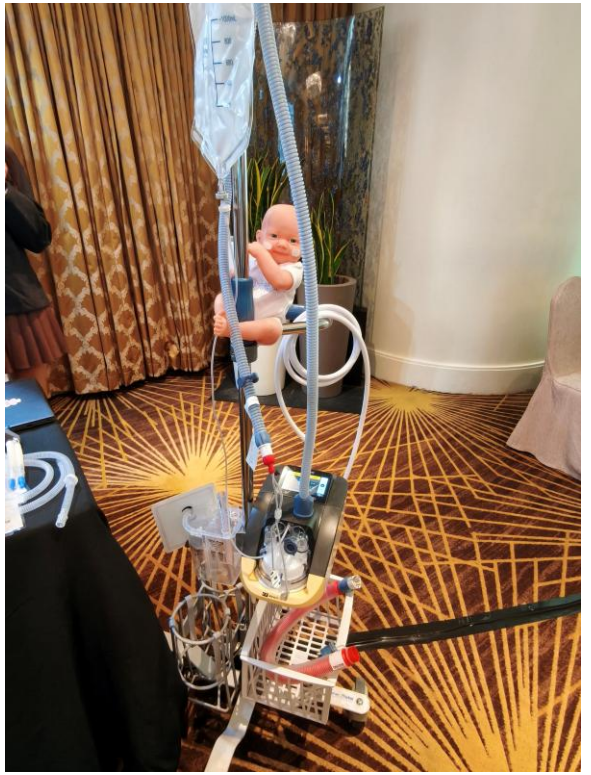





The poster sessions were particularly enjoyable and insightful. I had the opportunity to explore a wide variety of interesting and challenging clinical cases, ranging from uncommon presentations to complex diagnostic and management dilemmas. Each poster offered valuable learning points and reminded me how much we can learn from sharing clinical experiences and research across different institutions.

# The Exhibition Tour






Exploring the exhibition area was another interesting part of the congress. It was a great opportunity to learn about the latest developments in diagnostic tools, medical technologies, nutritional products, and medical innovations. I enjoyed discovering new advances and understanding how these developments may contribute to improving clinical practice.

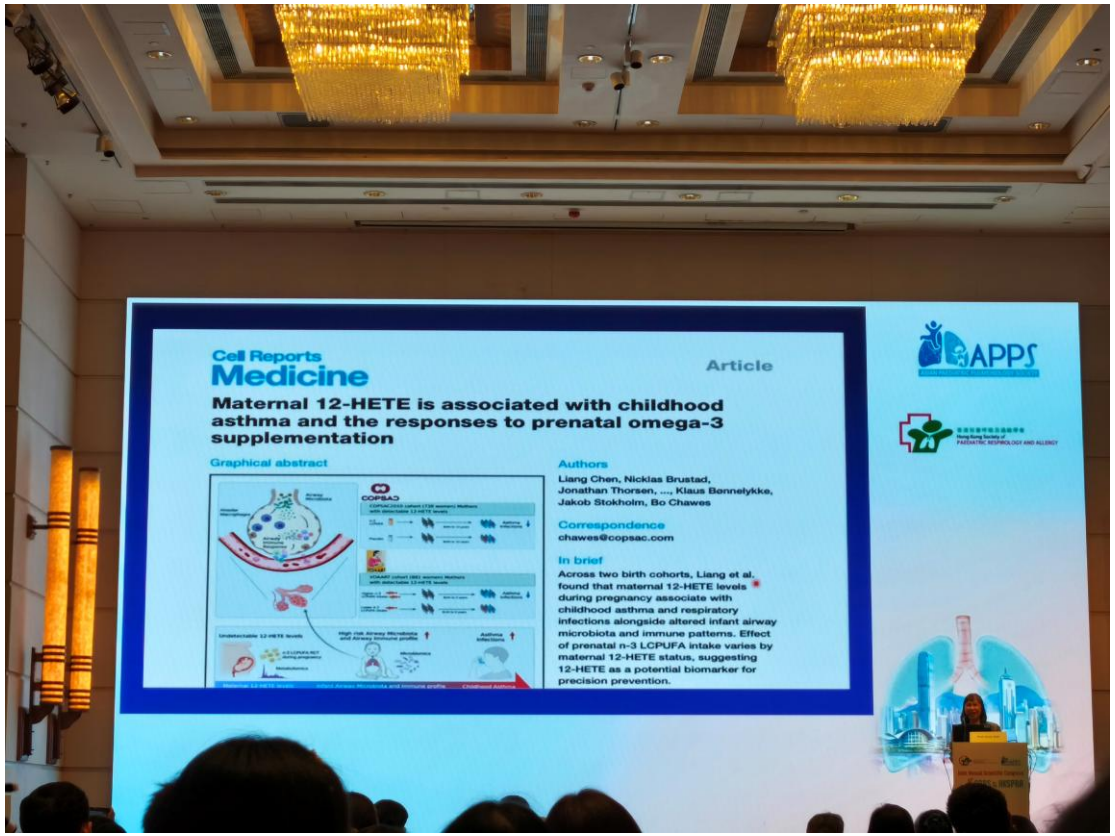
# The Scientific Meeting







Scientific meetings are an essential part of continuous professional development, providing opportunities to stay updated, exchange knowledge, and learn from experts in the field. Beyond gaining new information, these gatherings encourage critical thinking, scientific discussions, and collaboration among healthcare professionals from different backgrounds and institutions.



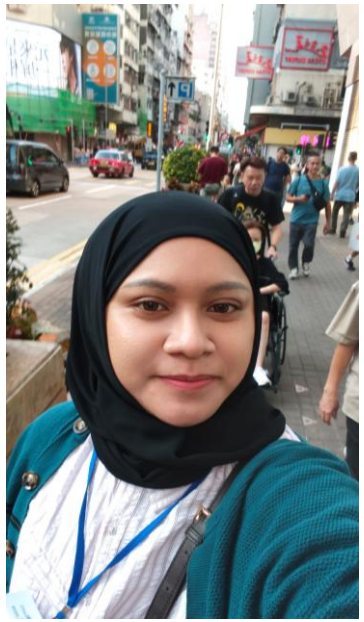


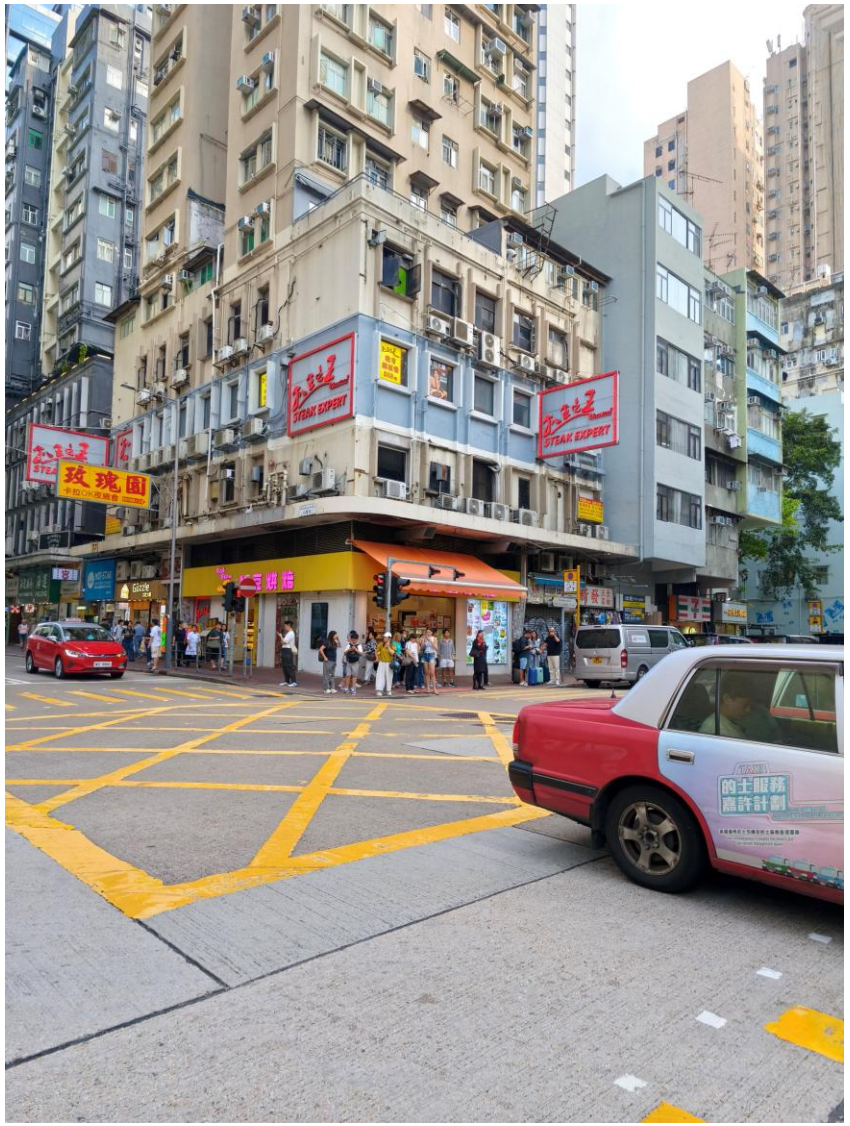


One of the most exciting aspects of the scientific meeting was the wide range of engaging and up-to-date topics presented. From emerging evidence and advances in diagnosis to evolving treatment strategies and challenging clinical cases, each session offered valuable new insights. I particularly enjoyed learning about recent developments that could potentially change clinical practice and improve patient outcomes. It was truly inspiring to see how rapidly our field continues to evolve!

# Exploring Hong Kong!!








Of course, a fellowship is not only about academic learning! Exploring Hong Kong between scientific activities was a wonderful way to enjoy the experience. I loved discovering the city's unique atmosphere, vibrant streets, and cultural diversity. It was a refreshing break after productive days at the congress.

# Hong Kong at night









Exploring Hong Kong at night was truly a memorable experience! I had the chance to admire the stunning views of Victoria Harbour and the spectacular Hong Kong skyline, beautifully illuminated against the night sky. The evening became even more exciting as the city was celebrating Halloween, with lively crowds, colorful costumes, and creative cosplayers everywhere. It was so much fun taking pictures with them and enjoying the festive atmosphere. A perfect way to end a productive day filled with scientific learning, new connections, and unforgettable experiences!

# Closing Statement

- This Mini Fellowship has been a truly enriching experience, both academically and personally. I return home with new knowledge, fresh perspectives, meaningful connections, and greater motivation to continue growing as a pediatrician.

- **Thank you, APPS, for this wonderful opportunity!**